



WESTMINSTER HIGH SCHOOL

Student Brag Sheet

Recommendation letters can have an important impact on you getting into a college or earning a college scholarship.

Directions: The tasks that follow will help me write an effective letter of recommendation for you. *You don't have to answer all questions.* However, the more information you provide, the more likely it will be that I will be able to write you a good recommendation letter.

Task 1: Describe yourself – What are the first words that come to mind to describe you and why?

1. _____
2. _____
4. _____
5. _____

Task 2: Family Background – Is there anything unusual/special about your family (cultural background, travel, size, crisis, etc.) that has had a significant impact on your personal or academic life? Who do you live with? Are you the first person in your family to attend college? Do you receive free/reduced lunch?

Task 3: College Choice – List the colleges you plan on applying to in order of preference:

1. _____
2. _____
4. _____
5. _____

Directions: Explain why you are choosing to apply to your top college. Why is this college a “good fit” for you? What are the qualities that the top college looks for in their applicants?

Student Name: _____ Student Number: _____ Email: _____

Task 4: Intended College Major/Career Goal -

Major: _____ **Career Goal(s):** _____

Why have you selected this major/career goal?

Task 5: Favorite Academic Subjects – What academic subject(s) are most interesting to you? Why? How does this subject connect with your career goal?

Task 6: Greatest Areas of Weakness – What are some areas you need to improve in? Explain.

Task 7: Athletic Abilities and Accomplishments – What sports have you participated in? List them below along with the years you participated and/or any special recognition (Team Captain, MVP etc.) you received.

<u>Sport</u>	<u>Circle Years</u>	<u>Special Recognition/Honors/Awards</u>
_____	Fr So Jr Sr	_____
_____	Fr So Jr Sr	_____
_____	Fr So Jr Sr	_____

Student Name: _____ Student Number: _____ Email: _____

In what ways has your athletic involvement impacted your personal development?

Task 08: Extra-Curricular Activities – List the extra-curricular activities and circle years you have participated.

1. _____ Fr So Jr Sr 2. _____ Fr So Jr Sr
3. _____ Fr So Jr Sr 4. _____ Fr So Jr Sr

Which of these extra-curricular activities was most important to you? Explain.

Task 09: Community Service – In what organizations or activities outside of school have you participated?

1. Organization Name: _____ **Total Hours:** _____

Activities Performed:

2. Organization Name: _____ **Total Hours:** _____

Activities Performed:

Which community service activity was most meaningful to you? Explain.

Student Name: _____ Student Number: _____ Email: _____

Task 10: Leadership Experiences – Describe any leadership roles you have taken in your community service activities OR at school. List the activity or office and describe what you did.

1. Leadership Role: _____ **Years Held:** _____

Organization Name: _____

Activities Performed:

2. Leadership Role: _____ **Years Held:** _____

Organization Name: _____

Activities Performed:

What makes you a successful leader?

Student Name: _____ Student Number: _____ Email: _____

Task 11: Overcoming Adversity – Explain any situations that required you to overcome challenges, adversity, or obstacles (divorce, accident, illness, etc.). Anything you would like to explain about your grades or your transcript?

Task 12: Work Experience: Describe your most significant work experience – employer, length of employment, position, and responsibilities. What lessons did you take away from this experience?

Employer: _____ **Length of Employment:** _____

Responsibilities: _____

Lessons Learned: _____

Do you work to help support your family:

Task 13: Test Information – Fill in your test scores and the month and year the test was taken for each score.

SAT Reasoning: Verbal: _____ / Date: _____ Math: _____ / Date: _____
Writing: _____ / Date: _____

SAT Subject: Subject: _____ Score: _____ / Date: _____
Subject: _____ Score: _____ / Date: _____
Subject: _____ Score: _____ / Date: _____

ACT: English: _____ Reading: _____ Math: _____ Comp: _____
Date: _____

Student Name: _____ Student Number: _____ Email: _____

Task 14: Additional Information – What additional information should I know to write your letter of recommendation? What do you think people who know you would be surprised to learn about you?